



NORTH IDAHO RESOURCE GUIDE

Community Resources • Recovery Support • Behavioral Health • Basic Needs

208-261-1015 | 208recovery.org

Serving North Idaho, including Kootenai, Bonner, Shoshone, Boundary and Benewah Counties

Quick Crisis & Emergency Contacts

Domestic Violence Hotline: 208-664-9303

Emergency, Fire, and Police: 911

Idaho Poison Control: 800-222-1222

North Idaho Crisis Center: 208-625-4884

Coeur d'Alene Police: 208-769-2320

Kootenai County Sheriff: 208-446-1300

Post Falls Police: 208-773-1080

Crisis & Suicide Line: 988

For immediate life-threatening emergencies, call 911. For suicide or mental health crisis support, call or text 988.



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Assisted Living

Aspen Springs

208-263-2314 | assistedliving.com/idaho/spirit-lake/aspen-springs-assisted-living

Bristol Heights

208-457-3403 | lodgeliving.net

Brookdale Senior Living

208-667-6490 | brookdale.com

Creekside Inn Assisted Living

208-665-2444 | koelschseniorcommunities.com

Generations

208-203-1904

Harmony House

208-762-3896 | harmonyhousealf.com

Lakeside

208-265-2354 | lakesideal.com

Lifecare Sandpoint

208-265-9299 | lcca.com/locations/id/sandpoint

**Luther Park**

208-265-3557 | lutherpark.sandpoint.org

North Star

208-765-5505 | stellarliving.com

Pacifica Senior Living

208-682-9170 | pacificacaseniorliving.com

Sandpoint Assisted Living

208-263-1524

The Bridge Sandpoint

208-263-1524 | centurypa.com

Clothing

Coeur d'Alene Bible Church

208-664-4883 | cdabible.org

Coeur d'Alene Public Schools - Coeur Closet

208-664-8241 | cdaschools.org

Neighborhood Closet / First Presbyterian Church

208-667-8446 | 1stpresdowntown.org

Hayden Seventh-Day Adventists

208-762-5718 | haydenlakeadventist.org

Heart of the City Church

208-665-7808 | theheartcda.com

New Treasures Clothing Closet

208-687-3606 | newlifehayden.com

Second Chance Family Resource

208-557-3829 | familyresourcecenter.family

Dental

Coeur d'Alene Dental Center

208-667-7461 | cdadentist.com

Heritage Health Coeur d'Alene Dental

208-292-0697 | myheritagehealth.org

Heritage Health Homeless Outreach

208-292-0303

Idaho Joint Military Families

208-272-7532 | imd.idaho.gov

Little Smiles Pediatric Dentistry

208-777-9331 | littlesmilesdental.com

Medicaid Dental Resource List

855-233-6262

Panhandle Health Dental Care

208-415-5100 | panhandlehealthdistrict.org/dental-care



Disabilities / Special Needs

Adult Developmental Disabilities

208-769-1456 | healthandwelfare.idaho.gov

Area Agency on Aging

208-667-3179 | aaani.org

Child & Family Services Developmental Disabilities

208-769-1515 | healthandwelfare.idaho.gov

Disability Action Center NW - Post Falls

208-451-3891 | dacnw.org

DS Connections NW

877-733-3955 | dsconnections nw.org

Goodwill Industries

208-765-4520 | discovergoodwill.org

Idaho Commission for the Blind

208-769-7077 | icbvi.idaho.gov

New Eyes for the Needy

800-222-3937 | new-eyes.org

Panhandle Special Needs

208-263-7022 | panhandlespecialneeds.com

Special Olympics Idaho

208-353-3844 | specialolympicsidaho.org

Specialized Needs Recreation

208-755-6781 | snridaho.org

Tesh, Inc.

208-765-5105 | teshinc.com

Vocational Rehabilitation Region 1

208-334-3390 | vr.idaho.gov/r1

Domestic Violence & Sexual Assault

Abuse Recovery Ministries

509-484-0600 | armsonline.org

Advocates for Women / Priest River Ministries

208-448-2800 | 24-hour: 208-290-6529 | prmaf w.org

Boundary County Victim Services

208-267-5211 | 24-hour: 208-267-7334

Idaho Domestic Violence Victims Assistance

208-332-1540 | icdv.idaho.gov

Kootenai County Sheriff Dispatch

208-446-1300 | kcs heriff.com

LillyBrooke Family Justice Center

208-265-3586 | lillybrookefjc.org

**National Domestic Violence Hotline**

800-799-7233 | thehotline.org

Post Falls Victim Services

208-773-1080 | postfallspolice.com

Rape Crisis Line

800-656-4673

Safe Passage

208-664-9303 | safepassageid.org

Education

Coeur d'Alene School District #271

208-664-8241 | cdaschools.org

Coeur d'Alene Library

208-769-2315 | cdalibrary.org

Community Library Network

208-773-1506 | communitylibrary.net

Education Information Center

208-502-0099 | edinfocentercda.com

Education Plus, Inc.

208-664-6253 | educationplushealth.com

ICARE Program

208-676-1515 | icareforchildren.org

Idaho Career & Technical Education

208-429-5500 | cte.idaho.gov

Kootenai County Diversion Program

208-446-1970 | parentproject.com

Mountain States Early Head Start

208-765-6955 | msehs.org

North Idaho College AEC/GED

208-665-5099 | nic.edu

NIC Career & Technical Education

208-769-3448

NIC Center for New Directions

208-769-3447

NIC Workforce Training

208-769-3333

Salvation Army KROC Center

208-667-1865 | kroccda.org

Employment / Debt Management

Idaho Department of Labor

labor.idaho.gov

**Idaho Industrial Commission**

iic.idaho.gov

Equus Workforce Solutions

208-457-8789 | equusidaho.com

Money Management International

800-889-9347 | moneymangement.org

STCU Financial Education

800-858-3750 | stcu.org

Temporary Employment

A.E.S. - An Employment Source

208-777-9045 | anemploymentsource.com

HireQuest Direct

208-667-9590 | hirequest.com

Humanix

208-664-8958 | humanix.com

PeopleReady

208-765-7778 | peopleready.com

Family Services

Bereaved Parents of the USA - North Idaho

208-773-5684 | nibereavedparents.org

Birthright of CDA

208-664-1390 | birthright.org

Boys & Girls Club Kootenai County

208-618-2582 | northidahobgc.org

Big Brothers Big Sisters Inland NW

208-667-0975 | nwbigs.org

North Idaho CASA

208-667-9165 | northidahocasa.org

CDA Early Learning Center

208-620-2031

Child Care Resource Center

208-415-5145 | panhandlehealthdistrict.org

Child Protective Services Kootenai

208-769-1515 | Abuse report: 855-552-5437

Child Protective Services Bonner

208-265-4523

Children's Village

208-667-1189 | thechildrensvillage.org

Family Promise of North Idaho

208-777-4190 | familypromiseni.org

**211 Idaho CareLine**

211 | 800-926-2588 | 211.idaho.gov

Heritage Health Family Support

208-769-4222 | myheritagehealth.org

Idaho Drug Free Youth

208-664-4339 | idfy.org

Idaho Parent Network

idahoparentnetwork.org

Idaho Youth Ranch

208-377-2613 | youthranch.org

Kootenai Health

208-625-4000 | kh.org

North Idaho College Head Start

208-666-6755 | nic.edu/HeadStart

Open Arms Real Choices Clinic

208-667-5433 | realchoicesclinic.com

Panhandle Health

208-415-5100 | panhandlehealthdistrict.org

St. Vincent de Paul North Idaho

208-664-3095 | stvincentdepaulnorthidaho.org

United Way of North Idaho

208-667-8112 | uwnorthidaho.org

Felony-Negotiable Housing

Cherry Ridge Apartments

208-664-5081

DLR Property Management

208-772-1746 | dlrproperties.net

Howard Place Apartments

208-667-7280

Ironwood Apartments

208-765-2329 | ironwoodapts.com

Lake Country Apartments

208-667-9582 | thehousingcompany.org

Maple Grove Apartments

208-765-8438 | thehousingcompany.org

Silverlake Properties

208-772-4129

Widmyer Corporation

208-664-5081 | widmyercorp.com



Food Banks & Pantries

ABC Food Bank

208-771-3117 | Tue 9 AM-12 PM & 1-3 PM

The Altar

208-664-1453 | Mon 11 AM-2 PM | altarcda.com

Canvas Church Food Pantry

Thu 2:30-4 PM

CDA Bible Church

208-664-4883 | 2nd & 4th Mon 10 AM-12 PM

Christ the King Lutheran Church

208-664-9231 | Thu 10 AM-2 PM

Clark Fork Seventh-Day Adventist

208-266-0321 | Wed 10 AM-2 PM

CDA Seventh-Day Adventist

Tue & Wed 9 AM-12 PM | cdaadventist.org

Community Action Partnership - Kootenai

208-664-8757 | cap4action.org

Community Action Partnership - Benewah

208-245-9090

Community Action Partnership - Boundary

208-267-3663

Gathered for Good Thrift Store

208-930-1891 | Tue/Thu 9 AM-12 PM; Wed 4-6 PM

Hayden Seventh-Day Adventist

208-762-5718 | Thu 12:30-2:30 PM

Heart of the City Church

208-665-7808 | Thu 4:30-6:30 PM

Jumpin' Beans Mobile Food Bank

208-762-7022 | jumpinbeans.org

Lake City Community Church

208-676-0632 | Wed 10 AM-2 PM

Life Way Chapel Post Falls

208-773-8556 | Appointment only

New Song Bible Church - Sagle

208-265-2553 | Tue-Fri 9 AM-1 PM

Parker Subaru Food Pantry

208-415-0555

Pinehurst Real Life Ministries

208-682-4801 | Fri 10 AM-1 PM

Post Falls Food Bank

208-773-0139 | Mon 11 AM-6 PM; Tue 9 AM-2 PM

Rathdrum Food Bank

208-687-3696 | Mon-Thu 10 AM-2:30 PM

**Real Life Ministries Post Falls**

208-777-8600 | Tue-Thu 10 AM-12 PM

Silver Valley Worship Center

208-783-8902

Spirit Lake Food Bank

208-623-3107 | Wed 12-3 PM

St. Pius Catholic Church

208-765-5108 | Tue 9 AM-12 PM

Wallace Community Food Bank

Osburn 1st Thu; Wallace 3rd Thu; Mullan 208-753-8392

General Assistance

211 Idaho CareLine

211 | 800-926-2588 | idahocareline.org

Candlelight Church

208-772-7755 | candlelight.org

Coeur d'Alene Bible Church

208-664-4883 | cdabible.org

Coeur d'Alene Library

208-769-2315 | cdalibrary.org

Community Action Partnership - Kootenai

208-664-8757 | cap4action.org

Community Action Partnership - Benewah

208-245-9090

Community Action Partnership - Boundary

208-267-3663

Idaho Department of Health & Welfare

877-456-1233 | healthandwelfare.idaho.gov

Idaho Housing & Finance - CDA

208-762-5113 | idahohousing.com

Kootenai County Assistance

208-446-1000 | kcgov.us

New Life Community Church

208-687-3606 | newlifehayden.com

Social Security

800-772-1213 | ssa.gov

St. Vincent de Paul North Idaho

208-664-3095 | stvincentdepaulnorthidaho.org

Healthcare

Benewah Community Hospital

208-245-5551 | bchmed.org



Bonner Partners in Care

208-255-9099 | bonnerpartnersincareclinic.org

CDA Pediatrics

208-667-0585 | cdapeds.com

Epilepsy Foundation Idaho

208-344-4340 | epilepsyidaho.org

Heritage Health

208-620-5250 | myheritagehealth.org

Heritage Health Dental

208-292-0697

Heritage Health Kellogg

208-783-1267

Heritage Health Post Falls

208-618-0787

Heritage Health Rathdrum

208-687-5627

Heritage Health Street Medicine

208-292-0303

Idaho Department of Health & Welfare

877-456-1233 | healthandwelfare.idaho.gov

Kootenai Health

208-625-3600 | kh.org

Kootenai Urgent Care

208-625-3600 | kootenaiurgentcare.com

Lakeside Holistic Health

208-758-0568 | lakesideholistic.com

Lakeside Pediatrics

208-292-5437 | lakesidepeds.net

Marimn Health

208-686-9355 | marimnhealth.org

Medicine Man Pharmacy Post Falls

208-773-3566 | medmanpharmacy.com

North Idaho AIDS Coalition

208-665-1448 | northidahoaidcoalition.org

Panhandle Health

208-415-5270 | panhandlehealthdistrict.org

Shoshone Community Health Clinic

208-478-3987

SHIBA Medicare Information

208-666-6847 | 800-247-4422 | doi.idaho.gov/SHIBA



Housing

Bonner Community Housing Agency

208-263-5270 | bonnerhousing.org

Bonner Gospel Mission

208-263-6698 | bonnergospelmission.org

Bonner Homeless Transitions

208-265-2952 | bonnerhomelesstransitions.org

Freedom House Sandpoint

208-290-5857 | freedomhousehope.org

Habitat for Humanity North Idaho

208-762-4663 | northidahohabitat.org

Idaho Housing & Finance - CDA

208-762-5113 | idahohousing.com

Idaho Housing & Finance - Statewide

866-432-4066 | idahohousing.com

Priest River Ministries

208-448-2800 | Crisis: 208-290-6529

Silver Valley Fuller Center for Housing

208-786-6013 | svfch.org

St. Vincent de Paul North Idaho

208-664-3095

Trinity Group Homes

208-667-9607 | stvincentdepaulnorthidaho.org

Human Rights

Human Rights Education Institute

208-292-2359 | HREI.org

Kootenai Task Force on Human Relations

208-765-3932 | idahohumanrights.org

North Idaho Pride Alliance

208-352-3518 | nipridealliance.com

NAMI Coeur d'Alene

208-416-4718 | cdanami.org

Legal

Kootenai County Court Assistance

208-446-1225 | kcgov.us

Idaho Legal Aid

208-746-7541 | idaholegalaid.org

Idaho State Bar Lawyer Referral

208-334-4500 | isb.idaho.gov

**Idaho Volunteer Lawyers Program**

800-334-4500 | isb.idaho.gov

Kootenai County District Court

208-446-1160 | kcgov.us

Legal Link

208-416-4778 | legallink.org

NW Justice Project (WA)

888-201-1012

Safe Passage

208-664-9303 | safepassageid.org

Meal Sites

Athol Seventh-Day Adventist

208-683-3672 | Tue 10:30 AM-1:30 PM

Cherished Ones Ministries

208-704-0908 | Sat 2-6 PM; Sun 9-11 AM

Father Bill's Kitchen

208-664-3095 | Mon-Fri 5-6:30 PM

First Presbyterian Downtown

208-667-8446 | Thu 11:30 AM-12:30 PM

Heart of the City Church

208-665-7808 | Thu 4:30-5:30 PM

Hayden Seventh-Day Adventist

208-762-5718 | Tue 12:30-2:30 PM

Lutheran Church of the Master

208-765-1002 | Sun 1:30-2:30 PM

One Place Church

208-930-4182 | Sun 9 AM-10 PM

River of Life Friends Church

208-773-5014 | Sat 6-8 AM

2nd Street Commons

208-449-3445 | Mon-Sat 6:30-7 AM & 2-4 PM

St. George Catholic Church

208-773-4715 | Thu 4-5:30 PM

St. Pius X Catholic Church

208-765-5108 | Fri 4:30-5:30 PM

St. Thomas Catholic Church

208-664-4327 | Tue 4:30-5:30 PM

Mental Health

Ambitions of Idaho

208-930-1740 | ambitionsofidoaho.org/cda



Catholic Charities of Idaho

208-345-6031 | ccidaho.org

Caravel Autism Health

208-618-2593 | caravelautism.com

Depression & Bipolar Support Alliance

800-826-3632 | dbsalliance.org

Heritage Health Psychiatric Services

208-620-5210 | myheritagehealth.org

Heritage Health Counseling

208-620-5250

Highroad Human Services

208-772-3116 | highroadhumanservices.com

Idaho DHW Behavioral Health

208-769-1456 | healthandwelfare.idaho.gov

Kootenai Behavioral Health

208-625-4800

Kootenai Clinic Psychiatry

208-625-4888 | kh.org/behavioral-health

NAMI Coeur d'Alene

208-416-4718 | cdanami.org

NAMI Far North Sandpoint

208-597-2047 | namifarnorth.org

NAMI Idaho

208-520-4210 | namiidaho.org

NAMI National Helpline

800-950-6264

North Idaho Behavioral Health

208-265-6798 | nicmh.com

North Idaho Crisis Center

208-625-4884 | nicrisiscenter.org

Region 1 Adult Mental Health / Mobile Response

208-769-1406

Senior Services

Area Agency on Aging

208-667-3179 | aaani.org

Alzheimer's Association

208-666-2996 | alz.org

Blanchard Area Seniors

208-437-1037

Clark Fork Hope Area Senior Services

208-266-1653



Coeur d'Alene Tribe Older Americans Program

208-686-1800

Coeur d'Alene Tribe Senior Center

208-686-3013

Elder Advocates

208-265-5540

ElderHelp of North Idaho

208-661-8870 | elderhelpofnorthidaho.org

Hayden Senior Center

208-762-7052 | haydenseniorcenter.org

Hospice of North Idaho

208-772-7994 | honi.org

Kellogg Senior Center

208-783-4581

Lake City Center

208-667-4628 | lakecitycenter.org

North Idaho Senior Companions

208-415-5177 | seniorcompanionsidaho.org

Post Falls Senior Center

208-773-9582

Rathdrum Senior Center

208-687-2028

Sandpoint Area Seniors

208-263-6860 | sandpointareaseniors.org

Seniors Hospitality Center

208-267-5553 | seniorshospitalitycenter.com

Spirit Lake Senior Center

208-623-6125

Valley Vista Care - Sandpoint

208-265-4514

Valley Vista Care - St. Maries

208-245-4576

Shelters

Anchor House - Children

208-667-3340 | youthranch.org

Freedom House Sandpoint

208-290-5857 | freedomhousehope.org

Priest River Ministries

208-448-2800 | prmafw.org

St. Vincent de Paul North Idaho

208-664-3095

**Union Gospel Mission**

509-535-8510 | uniongospelmission.org

YWCA Spokane

509-326-2255 | ywcaspokane.org

Family Promise of North Idaho

208-777-4190 | familypromiseni.org

Safe Passage

208-664-9303 | safepassageid.org

Post Falls Victim Services Unit

208-773-1080

Substance Use & Recovery

208 Recovery North

208-261-1015 | 208recovery.org | Peer recovery coaching, recovery support, resource navigation, groups, family support, reentry and community recovery services

Alcoholics Anonymous

208-667-4633 | aa.org

Al-Anon

208-818-4699 / 888-425-2666 | al-anon-idaho.org

Brick House Recovery - Coeur d'Alene

208-261-9948 | brickhouserecovery.com | Intensive outpatient and structured substance use treatment

Charlie Health IOP

208-314-9132 | Virtual IOP with group, individual and family therapy; no waitlist reported

Isabella IOP

208-556-9513 | Intensive outpatient substance use treatment

Restored Paths / Heritage Health

208-664-8347 | myheritagehealth.org/substance-abuse

Ironroots Counseling

208-719-7013 | Counseling and substance use services

Dragonfly Counseling / Support Services

208-676-1075 | Outpatient substance use and behavioral health services

Bigfoot Counseling

208-777-2169 | Outpatient behavioral health and substance use services

Kootenai Health Adult Recovery Unit

208-625-4848 | Medically monitored withdrawal management/detox

Kootenai Health Addiction Recovery IOP

208-625-4803 | Adult intensive outpatient substance use treatment

Narcotics Anonymous

208-699-2175 | na.org

Substance Use Helpline

800-662-4357

Good Samaritan Rehabilitation

208-664-1453 | goodsamrehabilitation.com



Suicide & Crisis

988 Suicide & Crisis Lifeline

Call or text 988

Crisis Text Line

Text 741741

North Idaho Crisis Center

208-625-4884 | nicrisiscenter.org

Region 1 Mobile Response Team

208-769-1406

NAMI National Helpline

800-950-6264

Transitional Housing

Men's Transitional Housing - North Idaho Our House

208-981-3436

Pivot Pad

208-410-8653

Absolute Surrender

208-964-2345

Lazarus House

208-499-7478

New Horizons

208-820-4210

A Way Home

208-664-1361

Mountain Top

208-770-9746 | Men's & Women's

Women's Transitional Housing - North Idaho Harbor House

208-981-8203

Oxford House Velora

208-208-7460 | Women's & Women with Children

Changing Chapters

208-819-4959

Mountain Top

208-770-9746 | Men's & Women's

Additional Transitional Housing Resources

Blue Haven / Trestle Creek

208-265-2952 | bonnerhomelesstransitions.org



North Idaho Rental Company
208-664-4308 | northidahorental.net

Transportation

Bonner Taxi
208-597-3463 | bonnertaxiinc.com

Citylink Paratransit
208-446-1616

Citylink Transit
208-446-2102

Coeur d'Alene Taxi
208-676-8294

Greyhound
800-231-2222 | greyhound.com

Home and Away Medical Transport
208-704-0153

Kootenai Health Patient Transport
208-625-5030

Lake City Transportation
208-664-1501

Lighthouse Transport - Bonner
877-503-1261

Ring-A-Ride
208-446-1616

Uber
833-873-8237

White Tail Transportation
208-448-0848 | whitetailtransportation.com

Tribal

Coeur d'Alene Tribal Police
208-686-2099 | cdatribe-nsn.gov/justice

Coeur d'Alene Tribe
208-686-1800 | cdatribe-nsn.gov

Coeur d'Alene Tribe Social Services
208-686-6802

Early Childhood Learning Center
208-686-6507

Marimn Health Medical
208-686-1931 | marimnhealth.org

**Coeur Center - Kids**

208-686-5437

Marimn Wellness

208-686-9355

Veterans Services

American Legion Post 143

208-773-9054 | postfallspost143.org

Coeur d'Alene VA Community-Based Outpatient Clinic

208-665-1700 | va.gov/spokane-health-care

Guardian Foundation

208-449-1210 | theguardiansfoundation.org

Idaho Department of Labor Veteran Assistance

208-457-8789

Idaho Joint Military Family Programs

208-272-7532 | imd.idaho.gov

Kootenai County Veterans Services

208-446-1090 | kcgov.us

Newby-ginnings of North Idaho

208-610-6996 | newbyginnings.org

Shoshone Veterans Service

208-752-1264

SSVF / Goodwill

509-828-2449 | discovergoodwill.org

VA Benefits

800-827-1000 | va.gov/contact-us

About 208 Recovery

208 Recovery North is a peer-led recovery community organization connecting individuals and families with recovery support, resources, community connection and practical help throughout North Idaho.

Phone: 208-261-1015

Website: 208recovery.org

Resource Guide Notice: Programs, phone numbers, hours, eligibility and availability can change. Contact providers directly to confirm current information. Inclusion in this guide does not constitute endorsement by 208 Recovery.